

Prayer Guide for Your Marriage

Couples that pray together stay together. The two benefits of praying in your marriage are that it brings hope, and it brings humility. Prayer, simply put, is talking to God. You can pray out loud, silently in your head, or even write your prayers out on paper. Use these ideas as a way to help guide your prayer time together.

- Open with 2 things you each are thankful for.
- Pray for a strengthened connection to each other.
- Ask God to give you the courage to live out your vows every day.
- Ask for forgiveness and grace to surround your home.
- Ask God to convict you in the areas where there is pride, fear, and worry.
- Pray for protection over each other's physical, emotional, and spiritual health.

- Pray over your finances and for a spirit of generosity.
- Pray for a great sex life!
- Pray for your children and increased wisdom and patience as you parent.
- Ask for help in any upcoming high-impact decisions.
- Ask for help to be slow to anger, slow to speak, and quick to listen.
- Pray over any struggles that you are currently going through.
- What else do we need to pray for?